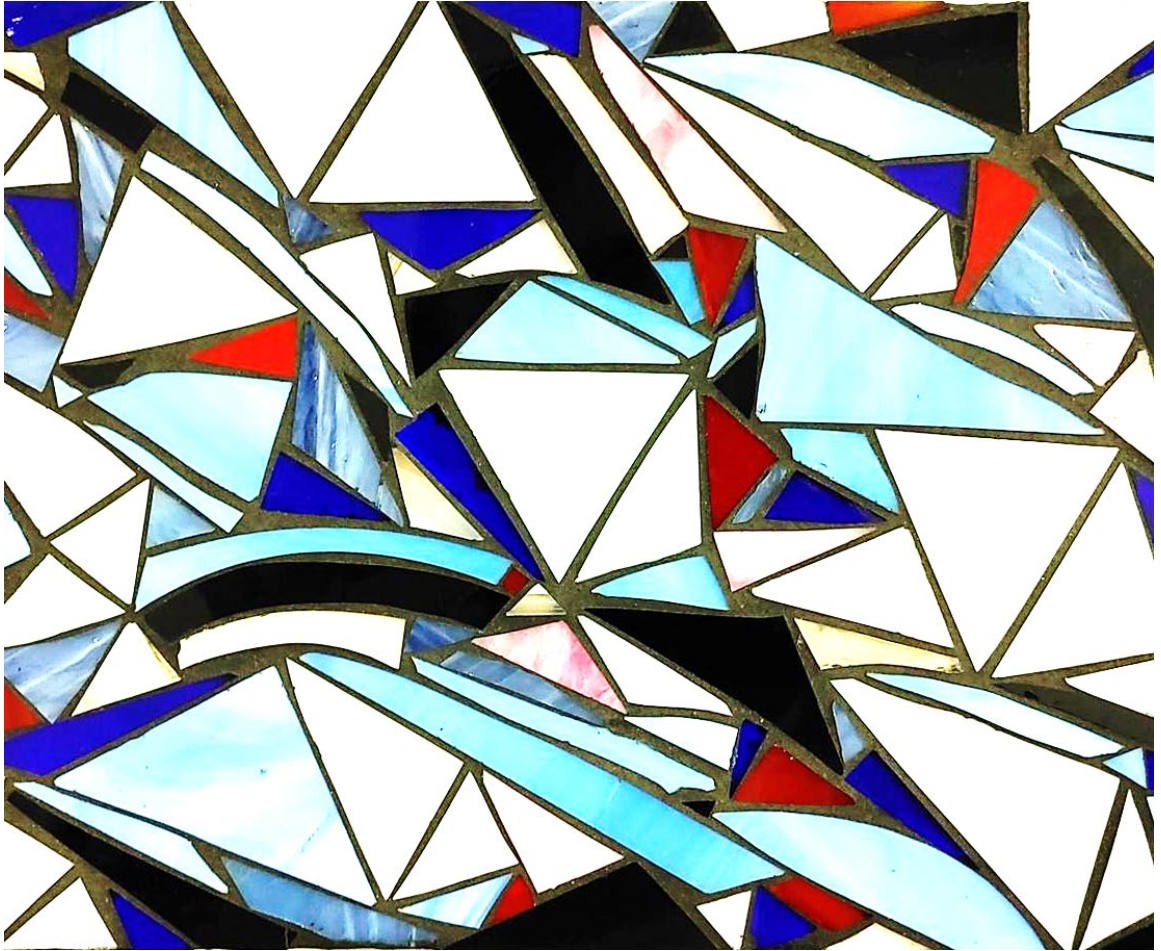


Third Sunday in Lent

March 8, 2026 • 10 am • Holy Eucharist, Rite II



St Michael's

EPISCOPAL CHURCH

www.stmichaelschurch.org



Welcome to St. Michael's Episcopal Church!

We are an open, affirming and inclusive parish, worshipping in the Episcopal tradition. No matter where you're from, or what you believe, you are welcome to gather with us, sing with us, pray with us, learn with us, and receive communion with us. We do our best to make our customs accessible to all people, but if anything seems confusing, feel free ask someone for help, or simply sit and observe.

Welcome, Visitors! Tell us about yourself.

If you are visiting today, we invite you to sign the Guest Book. We would love to get to know each other! And if you're seeking baptism, confirmation, or simply a community of healing and hope to belong to, we would be delighted to join you on your journey.



Online Giving

If you wish to make a one-time or recurring donation to St. Michael's, scan the QR code, or visit stmichaelschurch.org/give. Thank you for your generosity!

Service Notes

An asterisk (*) denotes moments when the congregation is invited to stand (as able)

"Hymnal" refers to the Hymnal 1982 located throughout the Nave.

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The Word of God

Call to Worship

“Only By Grace”

Gustafson

* Procession & Penitential Order

Silence

Celebrant Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Celebrant If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (*1 John 1:8,9*)

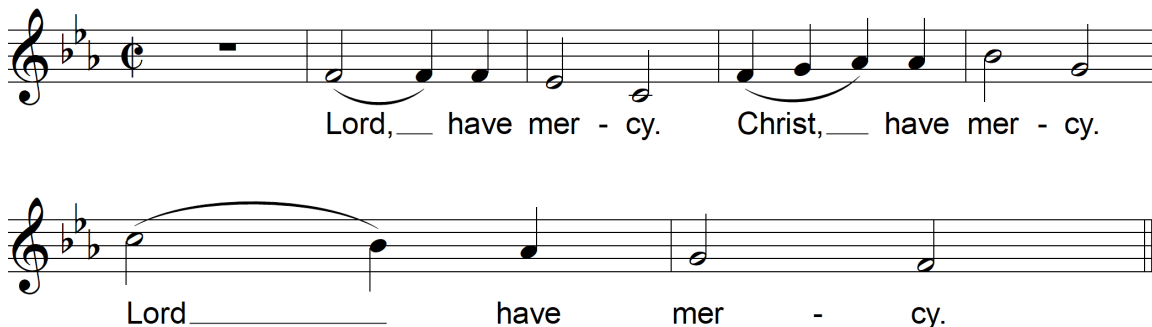
* The Confession

Celebrant: Let us confess our sins against God and our neighbor. (*Silence*)

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* Kyrie



* Collect of the Day

Lent 1

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray. Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Lesson

Exodus 17:1-7

A Reading from Exodus:

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with

thirst?” So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

The Word of the Lord. **Thanks be to God.**

Psalm 95

Come, let us sing to the LORD; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the LORD is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the LORD our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

Harden not your hearts, as your forebears did in the wilderness, *

at Meribah, and on that day at Massah, when they tempted me.

They put me to the test, *

though they had seen my works.

Forty years long I detested that generation and said, *

"This people are wayward in their hearts; they do not know my ways."

So I swore in my wrath, *

"They shall not enter into my rest."

Second Lesson

Romans 5:1-11

A Reading from Paul's letter to the Romans:

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord. **Thanks be to God.**

* **Sequence Song**

“O Jesus, Joy of Loving Hearts”

Hymnal # 649

* **Holy Gospel**

John 4:5-42

Celebrant The Holy Gospel of our Savior Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming

when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Celebrant The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

The Rev. Ryan Wiksell

*** Nicene Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

*** Prayers of the People**

Form I

Intercessor: With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord. ***Lord, have mercy.***

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. ***Lord, have mercy.***

For our Bishop, and for all the clergy and people, let us pray to the Lord. ***Lord, have mercy.***

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord. ***Lord, have mercy.***

For this city for every city and community, and for those who live in them, let us pray to the Lord. ***Lord, have mercy.***

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord. ***Lord, have mercy.***

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. ***Lord, have mercy.***

For those who travel on land, on water, or in the air or through outer space, let us pray to the Lord. ***Lord, have mercy.***

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. ***Lord, have mercy.***

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. ***Lord, have mercy.***

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. ***Lord, have mercy.***

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. ***Lord, have mercy.***

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. ***Lord, have mercy.***

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace. ***Lord, have mercy.***

In the communion of St. Michael and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. ***To thee, O Lord our God.***

Celebrant: Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. ***Amen.***

*** The Peace**

Celebrant The peace of the Lord be always with you.

People And also with you.

Welcome and Announcements

- Parish Retreat
- Wednesday Eucharist, Sunday Formation

In Memory of David Scott



Today we remember a friend, a pantry volunteer, and a fellow Episcopal brother in Christ. David Scott was a loving father of twins and a powerful advocate for the welfare of children everywhere. He was confirmed at St. Mary's Episcopal Church in February 2025, and passed from this world on January 14, 2026. He will be fondly remembered, and greatly missed.

The Holy Communion

Offertory

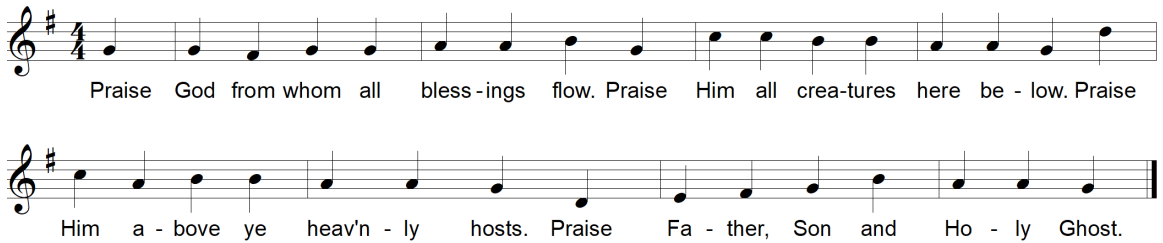
“Guide Me, O Thou Great Jehovah”

Hymnal # 690

The Presentation

“Doxology”

Hymnal #380 v4



Musical notation for the Doxology hymn, featuring two staves of music in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below the notes.

Praise God from whom all bless-ings flow. Praise Him all crea-tures here be - low. Praise Him a - bove ye heav'n - ly hosts. Praise Fa - ther, Son and Ho - ly Ghost.

* The Great Thanksgiving

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

All: Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

"Holy, Holy, Holy Lord"

Hymnal #S-127

Ho - ly, ho - ly, ho - ly Lord, God of Pow - er and

might, hea - ven and earth are full of your glo - ry. Ho -

san-na in the high - est. Bless-ed is he who comes in the

name of the Lord. Ho - san-na in the high - est. _____

Celebrant: And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

[Spanish]¹ En la noche que fue traicionaron, tomó pan, la bendición, partió el pan y lo dio a sus amigos y dijo: “Tomen y coman: Estes es mi Cuerpo, entregado por ustedes. Hagan esto como memorial mío”.

[English] On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

[Spanish] Después de la cena tomó el cáliz, dio gracias, y dijo: “Beban todos de él. Esta es mi Sangre del nuevo Pacto, sangre derramada por ustedes y por muchos para el perdón de los pecados. Siempre que lo beban, háganlo como memorial mío”.

[English] After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us.

¹ During the Season of Lent, we are standing in solidarity with our Spanish-speaking neighbors by including a few words of Spanish in our Eucharistic Prayers. We will be seeking additional ways to bless and minister to this community in the weeks and months to come.

Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

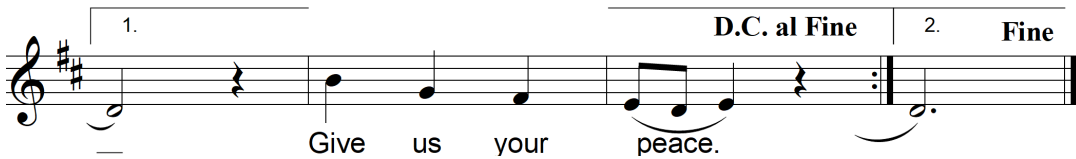
*** The Lord's Prayer**

Celebrant: And now, as our Savior Christ taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us, And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

*** The Breaking of the Bread**





Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.



Communion Notes: Communion is offered in two kinds: bread and wine. One may receive the bread alone, dip it into the wine, or drink from the chalice after consuming the bread. Sealed, pre-packaged containers of bread and wine are available. Gluten-free bread may be requested by crossing one's hands palms-down. All manners of reception are valid, and all are welcome to come forward to receive Communion or a blessing.

Communion Music

"Draw Nigh and Take"

Hymnal #328

* Postcommunion Prayer & Blessing

Celebrant: Let us pray.

All: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

* Recess in Silence

* Dismissal

Celebrant Let us go forth in the name of Christ

People Thanks be to God.